

The first appointment after a cancer diagnosis

Documents, questions and the next step in Romania's healthcare system. Choose the questions that matter now and take them to the appointment on one sheet.

Checked: 16 October 2026

What should I bring to the first appointment?

- ☐ Confirm what the centre needs: reports, medical letters, images and referrals.
- ☐ Bring a list of medicines, supplements and allergies.
- ☐ Prepare copies of reports and images in the format the centre requests.
- ☐ For another review of the sample, ask who arranges transfer of slides or paraffin blocks.

Questions for the appointment

What is known and what is missing

- ☐ What diagnosis is confirmed? What information is still missing?
- ☐ What do the type and grade in the report mean? Has the stage been established?
- ☐ Are further tests relevant to my case? What decision might they change?
- ☐ When will the remaining results arrive, and who will explain them?

The next appointment

- ☐ What is the next step, and how urgent is it in my case?
- ☐ Who arranges the appointment? What referral do I need, and where do I confirm?
- ☐ What should I do if I cannot get an appointment within the time the doctor recommends?
- ☐ Has a multidisciplinary team discussed my case? What is its recommendation?
- ☐ How do I request a second opinion? Can it be covered, and what documents do I need?

After the appointment

Next step, who arranges it and the date:

Answers / notes:

Costs and support

- ☐ Is this service covered at this provider? What would I pay, and why?
- ☐ If I cannot prove insured status, what diagnostic pathway is available?
- ☐ Am I enrolled in the oncology programme? Is any further paperwork needed?
- ☐ Who issues the sick-leave certificate, and what do I send my employer?
- ☐ Can the person accompanying me request leave for the surgery or treatment?
- ☐ Can I speak with a psychologist, social worker or navigator? How do I contact them?

Treatment and contact with the team

- ☐ Which options are relevant? What are their aims, benefits and risks?
- ☐ Is there a relevant clinical trial we should discuss?
- ☐ Which symptoms need urgent medical help, and whom do I contact between appointments?
- ☐ Who is my contact person, and when are they available?

Contact person and availability:
